

Armada Youth Wrestling Rules:

General Expectations for Parents

Supportive Behavior: Encourage your child positively; avoid negative comments about their performance, other children, coaches, or referees.

Attendance and Punctuality: Ensure your child arrives on time for practices and matches, and communicates any absences in advance.

Respect for coaches: Trust the coaches' decisions and avoid coaching your child from the sidelines.

Sportsmanship: Model good sportsmanship by respecting all participants, including opponents and officials.

Communication: Maintain open, respectful communication with coaches and club officials. Address concerns privately and appropriately.

Volunteering: Contribute to club activities and events when possible, as community involvement is key to a successful program.

Safety and Health

Equipment and Hygiene: Ensure your child has the proper equipment (Headgear & wrestling shoes) and follows hygiene practices to prevent injuries and health issues. Ensure your child showers immediately after every practice and wrestling meet to prevent any rashes. Please make sure your child has water for every practice.

Nutrition and Rest: Encourage healthy eating and sufficient rest for optimal performance and recovery.

Injury Reporting: Promptly report any injuries to coaches and seek professional medical advice as needed.

Spectator Rules

Positive Encouragement: Cheer for all athletes and avoid criticizing performances.

Respect Boundaries: Stay off the mats and away from the competition area unless invited by a coach.

Avoid Interference: Do not interrupt or distract coaches during practice or competitions.

Practices: All parents are asked to remain outside of the wrestling room while practice is in session. This will help with any distraction of noise, as well as outside parent coaching. There will be a camera mounted in the wrestling room, with the ability for parents to observe practice from a TV that is mounted outside the wrestling room doors. Parents are encouraged to watch what we are doing in practice from this location.

Only coaches will be allowed in the wrestling room during practice time.

Disciplinary Process

Initial Warning: If a parent violates any club rules, an initial warning will be issued, either verbally or in writing.

Meeting with Club Officials: For repeated offenses, a meeting with club officials will be arranged to discuss the behavior and necessary changes.

Temporary Suspension: Continued violations may result in a temporary suspension from attending practices or matches.

Permanent Ban: In severe cases, or if issues persist after suspension, a permanent ban from club events may be enforced.

Conclusion

Commitment to Club Values: Parents are expected to commit to the club's values of respect, integrity, and sportsmanship.

Adherence to Policies: Continuous adherence to these rules and expectations is crucial for maintaining a positive and enriching environment for all athletes and their families.

Thank you for your adherence to these club rules.

Sincerely,

Coach Mario Bastianelli